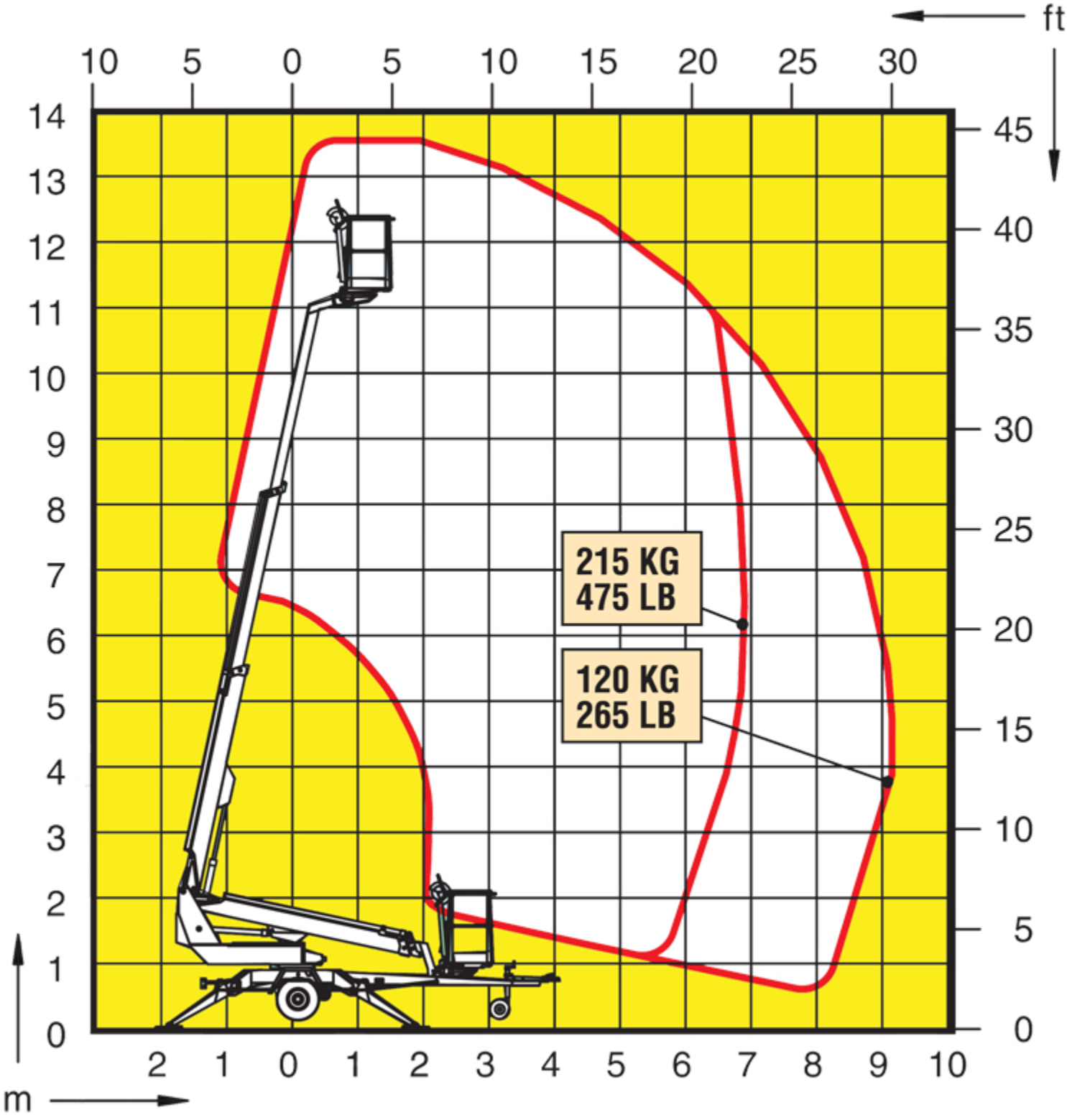
ft
10 5 0 5 10 15 20 25 30
14 13 12 11 10 9 8 7 6 5 4 3 2 1 0
45 40 35 30 25 20 15 10 5 0
215 KG
475 LB
120 KG
265 LB
2 1 0 1 2 3 4 5 6 7 8 9 10
m